

# A Guide to SimplyGo Transportable Oxygen Machines



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# Introducing Your SimplyGo

The SimplyGo is a transportable oxygen machine, it features a rechargeable battery pack which allows it to be used outside of the home for several hours (exact duration is dependent on flow setting).

Only use the flow rate ordered by your Healthcare Professional. Please note this flow rate setting may vary from your standard oxygen machine or cylinder.

## Caution

Patients supplied with a SimplyGo will be provided with a second oxygen machine 'static type', this should be used overnight, except where your Healthcare Professional has advised otherwise.

Please note: Your SimplyGo remains the property of Baywater Healthcare and is on loan to the NHS

(open 24 hours, 7 days a week for urgent calls)

# Getting to Know the Parts of Your SimplyGo



- A** On/Off switch
- B** Alarm silence
- C** Night mode
- D** Display screen
- E** Flow rate adjustment
- F** Oxygen outlet
- G** Handle grip
- H** Power cord socket
- I** Battery

## Caution

Ensure the concentrator machine is kept upright at all times.

Make sure the flow setting on the concentrator machine is set to the flow setting ordered by your Healthcare Professional.

# Typical New Battery Pack Operation Time

The following table shows the typical time a new battery pack will last using the various flow settings.

| Flow rate setting | Continuous flow mode (lpm) | Pulse flow mode (setting) |
|-------------------|----------------------------|---------------------------|
| 0.5               | 3.1 hours                  | n/a                       |
| 1                 | 2.3 hours                  | 3.7 hours                 |
| 2                 | 0.9 hours                  | 3.5 hours                 |
| 3                 | n/a                        | 3.1 hours                 |
| 4                 | n/a                        | 2.7 hours                 |
| 5                 | n/a                        | 2.3 hours                 |
| 6                 | n/a                        | 1.9 hours                 |

## Caution

Keep your battery pack dry at all times.

If it becomes exposed to liquid stop using it immediately and contact us.

Wet battery packs can present safety hazards including fire and electric shock.

## Second battery

To increase the time you can use your SimplyGo outside of the home, we have supplied you with a second battery. Please note that your battery indicator will display 100%, until the first battery is **completely empty**.

To charge your second battery you will need to swap it with the one inside of the unit and then connect it to the mains as normal.



# User Controls



## 1. Power

Turns the SimplyGo on and off

## 2. Alarm silence

Turns the alarm off

## 3. Mode

Selects between: Continuous, Pulse and Sleep flow modes

## 4. Display screen

Shows information about how the oxygen machine is working

## 5. Plus(+)/minus(-)

+ increases the setting;  
- decreases the setting

## 6. Nasal prongs connector

Connection point for nasal prongs

(open 24 hours, 7 days a week for urgent calls)

# Before Use

Always check that the battery pack is installed correctly, the air inlet and the exhaust vent of the device are not blocked and that the air inlet filter is clean before using the device.

## Turning on your SimplyGo

The SimplyGo can be used at home or moved using the trolley.

You can use your transportable oxygen machine with a variety of power sources:

1. AC power supply (mains supply)
2. DC power supply (car accessory outlet)
3. Rechargeable battery pack

The SimplyGo charges the battery when plugged into mains supply (AC).

## AC power supply (mains supply)

When the machine is plugged into electricity the external power indicator will show on the display screen.

If you need to silence the 'loss of power' alarm, press and hold the 'alarm silence' button. Connecting the SimplyGo to an external AC power supply will also stop the alarm.

## **DC power supply (car accessory outlet)**

A DC power supply allows the SimplyGo to work in a vehicle.

Start your vehicle, insert the DC cord into the plug hole on the side of the SimplyGo. Next, insert the DC power supply plug into the DC power outlet in your motor vehicle. The power supplied by a DC outlet will not be enough to re-charge the battery, it will however maintain the current power level.

## **Typical battery pack recharge time**

The typical time to recharge an empty battery is approximately 2-3 hours.

### **Caution**

Never use any power cord if it is damaged or frayed. Improper use may result in a fire or electrical shock hazard.

Always unplug the AC power cord from the wall before disconnecting the plug from the SimplyGo.

Do not plug the SimplyGo into faulty wall sockets and wherever possible unplug it when it is not in use.

# Operating Your SimplyGo

## Step 1 – location of the SimplyGo

Place the SimplyGo in a room with good air flow making sure the air inlet and exhaust vent are not obstructed.

## Step 2 – connecting your accessories

Connect the tubing to the oxygen outlet and connect the oxygen nasal prongs.

## Step 3 – turning your device on

Turn the device on by pressing the Power button twice. After the first press, the display screen and the button lights turn on. Press the Power button a second time to turn the machine on fully.

## Step 4 – set the mode

Press the Mode button. Note: If the device is operating and the screen is dark, the first press turns on the screen backlight. In this case, press the button a second time to select the mode. Continue pressing the Mode button to scroll through the Pulse, Continuous Flow, or Sleep modes. When the desired mode appears in the display, stop pressing the button and wait. The display will return to the mode you selected.

## Step 5 - set the flow rate

To set the flow setting, press the + or – button. To turn up the flow setting, press the + button. To turn down the flow setting, press the – button. Always check the flow rate when turning on your SimplyGo.

# How to Use the Trolley



1. Set the trolley on a level surface, hold the handle with one hand and open the base support.
2. With the SimplyGo in its carrying case, place the machine on the base of the trolley and secure using the elastic strap on the back of the case.
3. Press down on the “PUSH” button on the top of the handle. At the same time pull the handle upward to the height you wish to use.
4. Attach the bag around the trolley handle using the bag’s elastic strap.

# Oxygen Delivery Modes

## Pulse mode

When the SimplyGo is in the Pulse mode it only provides oxygen when you breathe in.

## Continuous Flow mode

In Continuous Flow mode oxygen flows constantly.

## Sleep mode

The SimplyGo will provide oxygen each time you breathe in. If you do not breathe for a short time, the machine will provide you with continuous flow oxygen until you start to breathe normally again. If you notice this happening often you must advise your Healthcare Professional.

## Caution

Sleep mode should not be used unless you have been instructed to use this by your Healthcare Professional. Your standard night time supply should be the static oxygen machine supplied with your SimplyGo.

Pulse dose mode should not be used overnight or when you are sleeping.

Always store the SimplyGo in a cool and dry location.

# Transporting Your SimplyGo Device

Follow this advice when transporting your SimplyGo:

- Secure the SimplyGo and power supply in your vehicle and be sure there is adequate air flow around the machine and that the air inlet and exhaust vents are not blocked. Ensure the SimplyGo is secured safely behind the front seats or on the back seat with a secure fastening.
- Do not leave the SimplyGo or DC power supply plugged into the vehicle without the engine running or attempt to start the vehicle while the DC power supply is connected to the vehicle. Doing so will drain the vehicle's battery.
- Do not leave the SimplyGo or battery pack in the seating area or boot of your motor vehicle during a hot or very cold day.
- Lift the oxygen machine using the handle on the trolley where possible.
- Do not leave equipment on show when your vehicle is unattended.

# Be Safe

- Keep the SimplyGo and the power cord away from hot surfaces or flames.
- Do not use if power cord or plug have been damaged.
- Only use this device with the accessories supplied.
- Protect the SimplyGo and the power supplies from all fluid spills or drips to avoid possible shock hazards.
- If the SimplyGo has been dropped, damaged or exposed to water, please contact us.
- Do not insert objects into any openings on the device.
- Do not block the air inlet or the exhaust vent of the SimplyGo when it is on a soft surface, for example a carpet etc.
- Do not cover the device with a blanket or towel etc.
- When using the SimplyGo in any vehicle, be sure it is properly secured.
- Do not damage the battery pack. Battery pack contents can be poisonous if swallowed and can be harmful to skin and eyes. Keep the battery pack away from children.
- Exposing the battery pack to water or other liquids may cause injury.
- Do not drop the battery pack.

# Troubleshooting



## What to do if there is no oxygen flow

No oxygen flow indicates that the device may be turned off, try pressing the power button to turn on and check battery charge. Check nasal prongs are connected correctly, if none of these checks work, please call Baywater Healthcare on **0800 373580**.



## What to do if the SimplyGo does not turn on

If the SimplyGo does not power on when the on button is pressed. The battery may have too little charge to turn the device on, plug the device into electricity mains to charge. If this does not work, please call Baywater Healthcare on **0800 373580**.



## What to do if the alarm sounds

When using a SimplyGo in pulse dose mode if no breath is detected for 60 seconds the machine will revert to continual flow until normal breathing resumes, a no breath detected alarm will sound. If no hissing can be heard when breathing in while in pulse dose mode you may require a clinical review. Please contact your Healthcare Professional.



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